# **Respect & Social Inclusion**



#### **EXISTING SERVICES**

# Intergenerational Programs

- Aging & Independence Services seek to bring older adults and youth together in meaningful activities and services for the mutual benefit of both age groups.

(858) 495-5769

# **Life Options Center**

- Encouraging the development of sites where newly retired persons can get advice on ways to stay engaged in their community

(619) 691-5086

# Chula Vista Community Collaborative Promotores

- Promotores are trusted liaisons in the community who reach members through peer education.

(619) 427-2119

# **Public Library**

http://www.chulavistaca.gov/ departments/library



Community members of all ages want to feel respected and valued, especially in the place they call home. Age-friendly communities promote intergenerational activities that allow both young and old to learn from one another and honor the contributions that each has to offer. When respect is not being honored, it can have adverse outcomes affecting health, well-being, and relationships.

# **Recent and Upcoming Projects**

# "We Are Chula Vista" Photo Campaign

Join us as we work together to highlight the diverse people, places, and happenings that make up our community. Photos will be put on display throughout the community.

Visit www.chulavistaca.gov/wearecv to learn more.

# Intergenerational Goals

In Spring of each year, 3rd graders from Chula Vista Elementary School District team up with seniors for a morning of sports and sharing.

# When I'm 50 Speech

An Intergenerational look at goals and aspirations of a teenager, the face of 50, and what 50 was to a senior.

# Resident Leadership Academy and Chula Vista High School

County and AARP sponsored program to build intergenerational skills between high school students and seniors in their neighborhood.

